

FORBES EVENTS

Recipes From Home! featured menus on these dates!

28-SEP * 23-OCT * 18-NOV



12-Sep Chef Meghan Spotlight
26-Sep Oktoberfest
9-Oct Tailgate Party
24-Oct Executive Chef Justin Spotlight for Dinner
30-Oct Halloween

SPECIAL MENU

11-Sep Apple Cider and Apple Cobbler
13-Nov Breakfast for Dinner
21-Nov Friendsgiving/Popcorn Extravaganza
7-Dec Holiday Meal
16-Dec Hot Chocolate and Cookies w/Lunch

Celebrate DEI - Chef Spotlight Events



17-20 Sep Hispanic Heritage
7-Oct Disabilities Awareness Month
11-Oct National Coming Out Day
11-Nov Veterans Day

BE WELL. DO WELL.

4-Sep Welcome Back! Meet the Registered Dietitian
6-Sep Farmers Table - fresh produce and local cheeses
25-Sep Smoothies
21-Oct Pumpkin and Apple Pie Day
22-Oct Cool Food Challenge
12-Nov Build Your Own Energy Bites
11-Dec You Got This Study Break Snacks
12-Dec Take 15: Create Your Own Tea Blend
15-Dec Take 15: Smart Snacking

LTO

LIMITED TIME OFFERS

30-Sep Gochujang
2-Oct Award Winning Banh Mi
3-Oct Peri Peri Inspired Meals
4-Nov Bao Buns
5-Nov Hummus bowls
6-Nov Global Rice bowls
7-Nov Breakfast Bowls @dinner



Celebrate all the
birthdays in this month

27-Sep
31-Oct
22-Nov

NATIONAL FOOD DAYS

5-Sep National Cheese Pizza Day
16-Sep National Guacamole Day
1-Oct World Vegetarian Day - H & W Table
4-Oct National Taco Day
12-Oct National Pulled Pork Day
15-Oct National Mushroom Day
17-Oct National Pasta Day
18-Oct National Chocolate Cupcake Day
25-Oct National Pasta Day
29-Oct National Oatmeal Day
1-Nov World Vegan Day
2-Nov National Sandwich Day
14-Nov National Spicy Guacamole Day
4-Dec National Cookie Day
8-Dec National Brownie Day